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FOR IMMEDIATE RELEASE

Homewatch CareGivers Supports Parkinson's Society

BURLINGTON, On. – It's tempting to shuffle our feet and gaze awkwardly elsewhere when the words "Parkinson's Disease" are mentioned but about one in every 1000 Canadian adults has the disease and Oakville's Homewatch Caregivers President Scott McNabb says the numbers are increasing.

"We're big believers in educating people about the needs of those whose strength is stolen away by medical issues," he notes. "In many cases, Parkinson's is a difficult and challenging disease and it's important to bring a respectful attitude to bear on our dealings with people who are bravely coping the best they can."

Parkinson's disease is a neurodegenerative disorder that causes symptoms such as tremors, rigidity and slow movements and although it does not necessarily end life early, it severely restricts the quality of life an individual with the disease will experience. McNabb was participating in the 4<sup>th</sup> Annual Parkinson's Education Evening April 8 at Burlington's Royal Botanical Gardens and he says he was impressed with the presentation by speaker Dr. Mandar Jog, a neurologist in charge of the Movement Disorders Clinic at the London Health Sciences Centre.

"It was a great presentation," McNabb says. "Dr. Jog gave very practical advice on numerous issues affecting the quality of life faced by Parkinson's patients and I came away with an even greater appreciation for the great work being done to help people with this difficult disease."

As part of the evening, Homewatch Caregivers awarded a tea and chocolate gift basket provided by Oakville company Barley Sugar Creations to Mr. Al Egbert, winner of a draw for the prize.

Homewatch CareGivers is a private homecare company dedicated to providing exceptional in-home living assistance to people of all ages and medical conditions. The Oakville office serves residents of Burlington, Oakville, Milton and Mississauga.